

DOCTORAL RESEARCH STUDY
The Effectiveness of Faith-Based
Rational Emotive Behavioral Therapy
for African American Men with PTSD

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I'm recruiting participants for my dissertation study that will begin in September. The study will examine the efficacy of an adaptive version of Rational Emotive Behavioral Therapy (REBT), using faith-based concepts for post-traumatic symptoms. The study will last for four weeks and provide no more than four virtual group sessions free of charge. Participation is voluntary, and individuals may end participation at any time.

Interested individuals may go to www.resetintervention.com to read more about the study, review the informed consent, and take the screening inventory. Individuals who meet the study inclusion criteria will be placed in a pool and randomly selected.

Please forward this information or the link below to anyone you believe might be interested. However, I will NOT be able to respond to individual queries from potential participants regarding the study prior to selection. The link will close at 11:59 pm, Sunday, September 25, 2021.

Thank you!

Inclusion criteria:

- Ages 18-65
- Resident of Texas
- Access to laptop, reliable internet, and private space for sessions
- Meets DSM5 criteria for PTSD
- No suicidal thoughts in past month
- No psychosis in past month